Ladies Retreat Menu

* Friday
	+ Dinner
		- Bear Paw Spaghetti
		- Salad Bar
			* LSM
			* Bacon Bits
			* Tomatoes
			* Croutons
			* Red Peppers
			* Red Onions
			* Carrots
			* Cucumbers
			* Cheese - shredded cheddar
			* Broccoli
			* Sun Flower Seeds
			* Ranch
			* Italian
			* Huckleberry Vinegrette
		- Bread
* Saturday
	+ Breakfast
		- Ham and Eggs
		- Crepes
		- Oatmeal
		- Fruit
	+ Lunch
		- Soup
			* Taco
			* Chicken Curry
			* Roasted Vegetable Barley
		- Salad Bar
		- Bread
	+ Dinner
		- Chicken Pesto Parmesan
		- Grilled Veggies
		- Garlic Mashed Potatoes
		- Waldorff Salad
* Sunday
	+ Breakfast
		- Pumpkin Oatmeal
		- Fruit
		- Ygurt